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Appearance and Performing Enhancing Drugs by the Numbers

The wide availability of appearance and performance enhancing drugs (APEDs) on online platforms such as Facebook and Google is satiating the growing appetites of young adults in the U.S. A DCA survey of 2,417 Americans* found that steroid use for many starts in their teens, leading to side effects and health issues.



respondents admitted to taking steroids. **13%** percent of males and **8%** percent of females had taken the harmful drugs.

Of those respondents who took steroids or HGH,

10% were under the age

of **18** at first use.





More than **1 in 3 (35%)** of those who purchased the drugs said they got them online.

An additional

27%

of those who had taken steroids or HGH were between the ages of **18-24** when they began taking APEDs.

When asked the reason for taking APEDs,

52%

respondents selected "Improve physical appearance" vs.



35%

who said it was to "Improve athletic performance."

63%

of respondents who admitted to using steroids or HGH said they experienced side effects or health issues consistent with the use of such drugs.

